

APRIL



"The KEY"

San Gabriel Valley District Proud member of California Federation of Women's Clubs and General Federation of Women's Clubs Mailing Address: 1142 South Diamond Bar Blvd. #861, **Diamond Bar, Ca 91765** cfwc.org/gfwc/org sgvd.org

Building our success as Federated Sister's Through Strength, Diversity and Joy!



District Calendar

APRIL 2023

•Monday, Apr. 3--SGVD Executive Committee Meeting, Double Tree Pomona, CA, 10 a.m. •Friday, Apr.14--Academic Scholarship and Returning Student Scholarship Applications due

•Monday, Apr. 17--DVAC Meeting, Covina Woman's Club, 128 S. San Jose, Covina, Noon.

•Thursday-Saturday, Apr. 20-22--SGVD 67th Annual CONVENTION, Double Tree by Hilton, Pomona

•Monday, Apr. 24--GFWC FEDERATION DAY

MAY 2023

•Monday, May 1--SGVD Executive Committee Meeting, Double Tree Pomona, CA 10 a.m. •Friday, May 12 --SGVD Board Meeting, Covina Woman's Club, 128 S. San Jose, Covina 9:30 a.m., Academic Scholarships presented

•Tuesday, May 16--SGVD Parliamentary Affiliate Group Meeting, Baldwin Park Woman's Club, 10 a.m. (all are invited)

•Thursday May 18 to Saturday May 20-CFWC Annual Convention, Doubletree Hotel, Santa Ana

•Friday May 26--SGVD Alumnae Affiliate Meeting, Baldwin Park Woman's Club, 11 a.m.

Executive Board Messages



President's MessageAbbey Howell...(909) 348-3779...abbshowell@yahoo.com

Hello Federation Sister's,

Welcome to April Showers! So far this has started off as an eventful year. We have all had the pleasure of memorializing "Mrs. We've Always Done It That Way", and attending the services of her cousin "That's not the Way We Do It". Well meet the Newbie, stepping into the Sand-Box and Speaking up! It wasn't easy but we managed to take the rings, moving our clubs forward. Celebrating our successes with gratitude and giving back to the communities as volunteers.

The Spirit of Joy & Transparency will be celebrated at the 67th Annual San Gabriel Valley District Convention held in Pomona, CA at the DoubleTree by Hilton. It is my pleasure to announce we will have a total of 20-Clubs in attendance. Club Presidents will be stepping up to the podium to receive their certificates for 2022 Award Winning Reports, as we celebrate and honor our club members for Citizen and Club Member of the Year. Terry Perkins First Vice President-Dean and the entire District Chairpersons, what a fabulous job you have all done. Thank you.

Spring Council this year was magical. We enjoyed the local high school students performing and enjoyed viewing the members and student photography and Art displayed. It was nice to have so many different entries. All students competing at Spring Council will be awarded \$500 to continue their musical studies provided all guidelines are followed. Congratulations!

Staying in the KNOW.....

- Marilyn Cruz will not continue as District Recording Secretary. I am pleased to announce we had two members step forth requesting to be considered for the appointment. My decision will be forthcoming.
- Rosette Clippinger will not continue as District Treasurer. Her resignation was accepted for the exit of March 31, 2023 and Pro-tem Shari Kovach will move forward to be ratified for the position of District Treasurer to complete the 2023-2024 term of office.
- Diana Limon District Fundraising Chair has expanded her committee with helping hands of the Whittier Women's Club, thank you President Floretta Sheppard.

JOY & TRANSPARENCY





1st Vice President Message Terry Perkins...H-(909) 895-7710...perkinstlee@gmail.com

Greetings My Federation Sisters & Brothers,

SGVD Convention is this month. I hope to see all of you there as we celebrate our accomplishments as clubs and as a district with our Report Awards ceremony. It's a time to remember those who've gone before us and anticipate those who will come after us.

CFWC Annual Convention @ Doubletree Hotel, Santa Ana --May 17-20,2023. Click the following address for the Convention Call. <u>2023 CFWC Convention Call</u>. Hopefully you will be able to attend at least one day and be a part of the state organization in action.

GFWC Annual Convention, June 10-12, 2023 in Louisville, Kentucky. Early bird registration officially open! Click on the <u>register for the 2023 GFWC Annual Convention</u> to receive discounted rate. (To help you register, GFWC created a "<u>Registration: How To Guide</u>," which provides step-by-step instructions.) For complete information on the 2023 GFWC Annual Convention, see the "<u>Call to Convention</u>."

"What is important is that we are able to smile at one another in our interactions with one another. With a generous and cheerful smile, we should be able to accept everything that happens, both the joyful things and the sad things." [Mother Teresa]



2nd Vice President Message Guadalupe Diaz...lupe6diaz@gmail.com.562-706-5586

Hello Members,

Convention is in April 21,2023 hope you have made your reservation I would like to see the representation of all the clubs this is where the Citizen of the year and Club member of the year are acknowledged so came and support your members. We are asking all presidents and membership chairs to send me a list of the members who have being on the club for 50-year or 25-year **ASAP to** recognize them at convention. Terry Perkins will send an e-mail to all membership chairs and presidents to send the list of 50 years and 25 years members.

All clubs that participated on the SGVD Business meeting and all of Council meeting every month will be recognized and the club that have the greatest number of member present will get a Certificate Small, Medium, Intermediate, and Large.

Presidents and Membership chairs this is a reminder that the rates have increase for membership for 2023 the new rates are GFWC will continue to be \$15.00, CFWC will be \$5.00 and SGVD will be \$4.00 the state have updated the Data Blanks forms to reflect the new rates.

Membership is me to become we because with every member that we bring in we became a bigger we and that is everyone's responsibility and with the word member we need to keep in mind the three most important words **Recruitment**, **Retention**, and **Recognition** by doing this your members will stay also treat every member with **Dignity** and **Respect**.

The GFWC is giving \$50.00 reimbursement on membership drives when you submit your request for reimbursement you must turn in pictures and a report of the event and what you did.

3rd Vice President Message Gina Morales...emwc.ginamorales@gmail.com...626-371-4055



Hello Members,

It is hard to believe that our Convention is just a month away. I'm always excited about attending, I look forward to learning new skills, procedures, and celebrating our accomplishments TOGETHER. I have grown and you are all my mentors. You have told me about the past, guided me in the present and taught me daily, this will make me stronger in the future. I love sharing my experiences and will always promote attendance. I hope that you are also attending and that we wrap up this year with new strengths, knowledge and continued friendships that make us the greatest organization on earth. You still have time to turn in your paperwork, just in case you are on the fence about attending. If you have questions, please feel free to call me. I will do all I can to assist you. Presentations for next year's convention will also take place and I will need each of you to submit a suggestion form on what we can do to make the convention better. I can tell you that costs are already on the list. The convention committee meets in one week and we are anxious and excited. There are new people on the committee who are nervous but I know that they will be met with kind smiles and an overall abundance of help. I know this because each and every year I am comforted by them. Be Extraordinary, Shoot for the Stars, Build for the Future, and Let's Celebrate our success. I am Spirit ready and I know you will be too. I look forward to seeing each of you, April 21 & 22, 2023.

Parliamentarian Message Claudia Maidenberg ... 909-816-4652... c.maidenberg@verizon.net



If it Weren't for You I

For more than a year our District has been dealing with a small group of members who appear to be repeatedly looking for what they say are problems that will cause our organization to be disbanded, and our officers to be censured or possibly be charged with crimes. Our leadership team has responded to each issue through email, conversations at regular Executive Board Meetings and special meetings. Leaders have listened, answered questions made adjustments to our practices and proposed changes to Bylaws and Standing Rules.

Many members have listened and participated in both formal and informal meetings. Comments have been made stating the complaints are seen as unnecessary distractors that make the climate of our meetings unwelcoming to both current and new members.

It appears no matter what is said, what evidence is shared or what changes are made, the few continue to complain about the same things. Many of us have wondered why this is happening and what is being gained by those few who are constantly complaining.

Have you ever heard about the idea that we fill time with procedure/rituals, pastimes and what are called game? A procedure/ritual is what we do when we greet people. It follows a relied upon practice that is differentiated depending on how well we know the people we are greeting. A pastime is like something we all do at social events. It is the typical chit-chat like talking about good restaurants, places to vacation, politics etc. Games are more a complex way we interact with other that have a hidden quality and a benefit to the players. Some games are of our own making and some we may get caught up in and do not want to be a part of.

One game is called "If it Weren't for You ... In that game a player says something like, if it weren't for you I would be able to do XYZ and my life would be better. This leads to arguments and the person who was not allowing XYZ to happen may feel guilty and give nice things to make up for having imposed the restrictions. (First benefit of the game.) The complainer typically believes that statement to be true, their life would be better if they were allowed to do XYZ. However, it may be that they are really afraid of doing XYZ and the game allows them to complain without having to really do what they may be afraid of doing. (Second benefit of the game.)

The way to know this is a psychological game is when the person complaining does not get the reward of favors/gifts etc. as they expect. This causes the complaining party to double down and complain more, feel frustrated and bewildered.

When a game is played for a long time and a player stops participating, the ending is neither smooth or painless.

SGVD Committee Chairmen Messages

ARTS & CULTURE

Art Contest Terry Perkins...perkinstlee@gmail.com...909-895-7710



ART CONTEST WINNERS 2023

	<u> </u>				
		Club Member	Advanced		
	D. 4	Painting			
	Portrait	Scenic	Still Life	Mixed Media	
	Advanced				
1 st	Bea Jaime Montebello WC	Terry Perkins Walnut Valley WC	Terry Perkins Walnut Valley WC	Terry Perkins Walnut Valley WC	
2 nd	Luz Palamiano Porlier	Luz Palamiano Porlier	Luz Palamiano Porlier		
	Duarte WC	Duarte WC	Duarte WC		
		Club Member Painting	Novice		
1 st			Sharon Altman		
		Student Painting			
	K-3	4-5	6-8	9-11	12
1 st	Ryder Tzan Walnut Valley WC	Lean Lin Walnut Valley WC	Samantha Robles Pasadena WC	Melanie Llamas Baldwin Park WC	Justin Van Quach Baldwin Park WC
2 nd	Mila Fang Walnut Valley WC	Kelly Zhu Walnut Valley WC	Isabelle Juarez Pio Pico WC	Julietza Ruiz Baldwin Park WC	Michael Wu Diamond Bar WC
3 rd	Aisha Jajieh Walnut Valley WC		Jasmin Bravo Pio Pico WC	Noemi Jimenez Baldwin Park WC	Yuzhen Wong Baldwin Park WC
HM	Valerie Zhoa Walnut Valley WC	Lean Lin Walnut Valley WC	Vanessa Hernandez Pio Pico WC	Valerie Agulara Baldwin Park WC	Citlali Martin Baldwin Perk WC
		BEST IN SHOW			

Melanie Llamas		
Baldwin Park WC		

Photography Contest Sue Hogenauer...hogenauersue@gmail.com...909-379-8613

	SGVD CLUB MEMBE	ER PHOTOGRAPHY CONTEST	YZ
	MARCH 2023-COVIN	- <	
Nine Clubs participated in the Club Member P	hotography Contest: F	Saldwin Park Duarte Federati	ed Fast Valley
LaVerne/San Dimas, Monterey Park, Pasaden			cu cust vuncy,
CATEGORY - OUR WORLD UP CLOSE			
Entry #	Name	Club Name	Place
16	Jennifer Nummelin	LaVerne/San Dimas	1st Place
10	Rose Gant	Duarte Women's Club	2nd Place
5	Sue Hogenauer	Walnut Valley Women's Club	3rd Place
22	Pat Huffman	Federated East Valley	Honorable Mention
CATEGORY - NATURAL WONDERS			
23	Pat Huffman	Federated East Valley	1st Place
2	Joanne Karr	Walnut Valley Women's Club	2nd Place
13	Marie Montanez	Monterey Park	3rd Place
8	Rose Gant	Duarte Women's Club	Honorable Mention
CATEGORY - REFLECTIONS			
20	Grace Rodriguez	Pio Pico Women's Club	1st Place
1	Susana Aparicio	Walnut Valley Women's Club	2nd Place
18	Louella Roberson	Rowland Heights	3rd Place
9	Rose Gant	Duarte Women's Club	Honorable Mention
CATEGORY - LIVING THE VOLUNTEER SPIRIT			
7	Sue Hogenauer	Walnut Valley Women's Club	1st Place
15	Marie Montanez	Monterey Park	2nd Place

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C	SGVD STUDENT P	HOTOGRAPHY CONTEST	
C	MARCH 2023 -COV		
Only Three Clu	bs participated in t	he Student Photography	Contest:
	Baldwin Park (5), Federated East Valley (2) and Pio Pico (12)		
GRADES 6-8			
Entry #	Name	Club Name	Place
19	Lorelai McKenzie	Federated East Valley	1st Place
GRADES 9-12			
14	Paola Barrera	Pio Pico Women's Club	1st Place
9	Leslie Santamaria	Pio Pico Women's Club	2nd Place
7	Melanie Rizo	Pio Pico Women's Club	3rd Place
13	Jimena Ochoa	Pio Pico Women's Club	Honorable Mention

Communications & Public Relations...Marilyn Cruz... marilyncruz1@msn.com...909-730-4145

So, here's my short recall of March Madness!

Freedom Bag Project held at Purpose Church Pomona was a success thanks to GFWC East Valley Woman's Club, GFWC La Verne San Dimas Woman's Club, and my Diamond Bar Woman's Club all representing SGVD. We were able to fill a record number of freedom bags 60! Also, this was the largest turnout of volunteers, thanks to GFWC East Valley Woman's Club, GFWC La Verne San Dimas Woman's Club, and my Diamond Bar Woman's Club. The next Freedom Bags Work Days:

> Saturday, June 17 at 9am Saturday, September 30 at 9am

All of the work days are in room H102 at Purpose Church: 586 N. Main Street, Pomona, CA 91768.

Azusa Woman's Club celebrated International Women's Day with a beautiful Sunday tea for Membership and their Sister's in Federation! Thank you, President Diana Reyes Williams, for your outstanding leadership and the entire club for all you Ladies do!

Congratulations Duarte Woman's Club celebrating their Woman of the Year with a Spring musical that included all the Past Club Women of the Year also. It was so special because Duarte

Woman's Club honored Ann Valleroy as their 2023 Woman of the Year! Congratulations Ann!

And what about the La Puente Valley Woman's Club Bingo Fundraiser. They hosted 62 Bingo participates and provided a Baked Potato Bar with all the condiments! Outstanding job Ladies. I look forward to your next Bingo Event on April 16!

So what's next the SGVD Convention at Double Tree Pomona. Come One! Come All and experience all the fun with your Federated Sisters and Men too! Can't wait to see all of you! Until then stay safe, healthy and joyful... Spring has arrived everyone!

Education & Libraries... Esthela Torres de Siegrist...<u>hetds@yahoo.com..626-622-1794</u>

Education & Libraries April is named after Aphrodite, who was associated with love, beauty, pleasure, passion, and procreation. The word "April" is from the Latin word "apent," which means "to open" and April is the month that "opens" our growing season when trees and flowers start to blossom. April is the Month of the Young Child. Remember the innocence of children? Let's do our best to ensure their innocence-much more difficult than ever before due to the Internet, movies, and tv. It's sad to report, but painfully true, that because of Covid-19 and the shutting down of public schools in most states, that many of today's students at all levels are way, way behind in their education. Thankfully, all school systems nationwide are still attempting to remediate this dilemma. Some are suggesting that the school day be lengthened and even the school year. This might work...but who knows? Let's all pray for our schools' students---from pre-Kindergarten all the way through the university. Prayers are needed. The children today are our tomorrow, and they deserve the best. You, fellow club members, what can you do to help? Within your own family, you might start by reading aloud to your children and grandchildren. Even if they live far way, you can use the internet to do this and do a Zoom or Facetime call to do the reading. Also, one and all are encouraged to contact a local school and library and volunteer to do a "read aloud' to children or tutor one child one-on-one in person. I am sure you will be most welcome! And our outstanding public library system? What's happening? Great things as always. Here's the link: https://lacountylibrary.org/ With your free library card, you have access to a host of services, one favorite is Kanopy-free videos you can watch on your laptop or smart phone right there at home: "Your very own movie theaterwithout having to drive and park your car...popcorn, hamburgers, tacos, chips, sodas whatever in the comfort of your very own living room. There is also access to music of all kinds. Again, here's your link to tap into the rich treasure house of our Los Angeles County Public Library: https://lacountylibrary.org/ Below are some samples:



Have a great April month and keep safe! Watch out for April Fools' Day.

Environment... Floretta Shepphard...sheppard1949@msn.com...562-857-7818

Ladies of the SGCD, Earth Day which is April 22nd, is nearly upon us. I am listing some ideas for consideration for our Clubs and for us as individuals:

California State Parks Foundation has a sign-up to receive a kit for trash removal in and around our communities. You will receive gloves, bags and other materials. Whittier Women's Club has signed-up already. If you "google" California State Parks Foundation you will find information needed to participate.



A fun and informative idea is to go on-line and put in <u>conservation.org</u>. You will find Earth Day quizzes your Club and or you can take to learn what you know or what you really don't know about the environment.

Consider planting a vegetable garden and sharing our bounty with family, friends and club members.

Clean out your closets and donate clothes to a charity. Manufacturing new clothes requires both energy and water resources.

Plant a tree and/or donate to Pennies for Pines. Many of our Clubs reported donations to Pennies for Pines. With the devastating fires in California in the last several years, reforesting is a great need.

Remember to use reusable grocery bags or remember to recycle your plastic bags. Turn off lights and other electronics when not needing to be used.

Collect E-waste and dispose at a official collection site.

I congratulate many of us and our Clubs for putting forth our best efforts in making our Earth a Better Place.

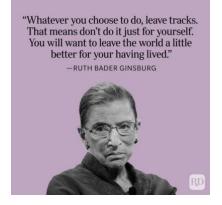
Academic Scholarship Contest Susan Brosche... susanbrosche@gmail.com 909-374-2106

For Club Presidents and Education Chairmen,

The San Gabriel Valley District offers up to four scholarships of \$500 to graduating seniors intending to enroll in a college or university and one scholarship of \$500 to an adult returning to school. Students planning to pursue any area of study, excluding music, may apply.

Applications and instructions for applying are available in the district handbook, pages 47-50





Women's History & Resource Center Patsy Wilson...pwilson11@verizon.net...909-393-6434 Kim Plater....kimplater@aol.com.....<u>909-620-7235</u>

Most who know me, know that I never throw away anything having to do with history. Yes, I have life sized statues of Eleanor Roosevelt, Jane Addams, Susan B. Anthony, President Hoover, and Al Capone in my bathtub. It is not surprising therefore that I have a copy of a National Women's History Project's Newsletter from 2018 in a drawer in my craft room. I started reading it and thought I would share some "Did You Know" information with you. These statistics are 7 years old. They seemed horrific when I first read them, but compared to 2023 it is unimaginable how things have escalated. Challenge your members to find the comparable figures, make table tents and share them with your club.



Breaking the Silence on Sexual harassment

Sixty percent of U. S. women say they have experienced sexual harassment. 69 percent of these women were harassed at work, 45 percent experienced street harassment, and 43 percent were harassed in social settings. There have been more than 2.3 million #MeToo tweets from 85 countries, 24 million people have posted Facebook comments about harassment. From early 2020 - 2016, nearly 200,000 people filed harassment charges with the Federal EEOC.

On any given night in 2016, over half a million people experienced homelessness. The figure includes 195,000 people in families with children, 75,000 people with disabilities, and 40,000 veterans.

Women in the Vietnam War

An estimated 11,000 American military women served in Vietnam during the war. Nearly all women serving in Vietnam were volunteers and the majority of them were nurses, most in their early 20s right out of school. The guerilla warfare of Vietnam meant that women military personnel were constantly in harm's way, many were wounded and eight American military personnel lost their lives in the war. Nurses witnessed extreme injuries and mass casualty events, often working around the clock. VA reposts estimate that nearly 50% of women who served in Vietnam will suffer from PTSD during their life. Despite their heroism, women received little recognition from the military and the VA was ill equipped to meet their needs.



Birthdays Care & Concern ... Mavis Hansen... newmavis07@outlook.com...626-441-6231

APRIL BIRTHDAYS

Aries April 1 – 20 The Ram

ARIES tend to be spontaneous, frank and open, but may also be self-centered and willful. They approach the world with awe and wonder. The urge to be the star and to shine is strong. Aries demand attention and have high self-confidence. They display a strong desire to lead and will find themselves frustrated if they lack the leadership skills needed. Aries can be truly original and idealistic pioneers.

COLORS: are all shades of red

GEMSTONES: Diamond, Ruby, Emerald and Amethyst

NOTABLES: Hans Christian Anderson, Marlon Brando, Charlie Chaplin, Leonardo daVinci, Bette Davis, Billie Holiday, Vincent Van Gogh and Sarah Vaughn.

Taurus April 22 – 30

TAURUS show a great interest in all physical matters such as sex, food and sports. Setting up and giving shape to projects is one of their great strengths. Taurus greatly enjoy repose and comfort and are very acute observers. They are valuable advisors. They will protect their own interests first, but care deeply for those around them. They live for those they love.

COLORS: All shades of blue and deep green

GEMSTONES: Rose quartz, Emerald and Lapis lazuli

NOTABLES: Fred Astaire, Duke Ellington, Ella Fitzgerald, Martha Graham, Shirley MacLaine, Golda Meier, Jack Nicholson and William Shakespeare.

April Flower is the Daisy Symbol of innocence, loyal love, gratitude and healing.

The most important day in April is Easter Sunday. HAPPY APRIL BIRTHDAY!

ADS



WALNUT VALLEY WOMEN'S CLUB PRESENTS

BUNCO

(A SCHOLARSHIP FUNDRAISER)

APRIL 15, 2023, 3:00 p.m. - 5:00 p.m. WALNUT SENIOR CENTER \$25 PER TICKET

> CASH AWARDS DOOR PRIZES 50/50 RAFFLE

LIGHT REFRESHMENTS WILL BE SERVED "MOCKTAILS" AVAILABLE FOR PURCHASE

EMAIL SHARI KOVACH AT <u>skovach99@yahoo.com</u> for tickets. Send check to Walnut Valley Women's Club, P.O. Box 563, Walnut or Zelle to <u>wvwc.org@gmail.com</u> (Be sure to put "Bunco Tickets" in the memo line.)

ALL PROCEEDS BENEFIT WALNUT/NOGALES HIGH SCHOOL SENIORS



Monterey Park Woman's Club

Díamonds are a Gírl's Best Friend



Annual Fundraising Fashion Show & Luncheon

Saturday, Apríl 29, 2023 10:00 AM to 2:00 PM

Quiet Cannon 901 Via San Clemente Montebello, CA 90640 Crystal Ballroom Ticket Price \$60/non-refundable

Ticket Information Carol Sullivan (909) 217-2001 or email <u>carolasull@gmail.com</u> Theresa Amador (323) 497-9472 or email <u>tgamador7@gmail.com</u>

Since 1915 the Monterey Park Woman's Club has supported Charitable Groups in and around our city.

Monterey Park Woman's Club, P.O. Box 1281, Monterey Park, CA 91754 Tax ID #95-6125181, 501(c)3





Spring Tea



GFWC Federated East Valley Woman's Club Saturday~May 6th, 2023

11:30 am – 2:00 pm

Where: 3605 Leicester (personal residence) Claremont, CA Cost: \$35 per person

Includes sandwiches, scones, dessert and all the tea you can drink! Due to limited seating RSVP with payment and reservation slip by May 1, 2023

Contact Cynthia Vasquez 909-226-8244

Make check payable to FEVWC and mail to: Cynthia Vasquez-12327 Wintergreen St. Rancho Cucamonga, CA 91739

Monies raised will be used to support our various philanthropic projects

RESERVATION SLIP

Name:	P hone:	
\$35ppX	Total: \$	
Indicate any food allergies:		